IMPOSTER SYNDROME, DECISION MAKING, DIVERSITY AND INCLUSION, GRIT

INSTANT EXPERTS
IMPOSTER SYNDROME

• Contrary to all evidence, people experiencing imposter syndrome feel like they don’t deserve to be where they are

• Reading: American Psychological Association article: “Feeling like a fraud?”
DECISION MAKING

• Good or bad choices are driven by a person’s decision making process and the amount of information input

• Reading: “The Science of Making Decisions” by Newsweek
DIVERSITY AND INCLUSION

• STEM is dominated by the most privileged members of society; institutional and cultural factors perpetuate the exclusion of minority groups (race/ethnicity, gender, sexual/gender identity & preference, dis/ability)

• Reading: “Literature Overview: Diversity, Inclusion, and Cultural Awareness for Classroom and Outreach Education” from Apply Research to Practice Journal
G R I T

• “Grit”, pushing through adversity and accepting failure as part of the learning process, is an important ingredient of success

• Reading: Association for Psychological Science article, “True Grit”
FORMAT

• 10 minutes to read article at your table

• 10 minutes to discuss article with your table and become an instant expert—use selected reading prompts

• 2 minutes to synthesize discussion

• 10 minutes to convene in new groups (number on your reading) and share your instant expert knowledge
GROUND RULES

- These are personal, sensitive topics: listen respectfully
- Respect your peers’ views, especially if based on experience
- If someone in your group says something problematic, speak up
- Criticize ideas, not people
- Let everyone speak